

CONTACT YOUR COUNTY OFFICIAL

Want to advocate for free menstrual products in schools across your district? In public restrooms? Although Don'tTaxMyFlow primarily provides youth with resources to advocate for "tampon tax" repeal, we have provided a few resources to assist you in lobbying county officials.

Use the information below to find your county government officials and their contact information!

IDENTIFY YOUR DISTRICT...

[Click here!](#)

LEARN ABOUT YOUR COUNTY GOVERNMENT...

[Click here!](#)

FOLLOW THE DIRECTIONS BELOW TO CONTACT YOUR LOCAL OFFICIALS...

- 1.) Type in your representative's name in a search engine like "Google" or "Safari"
- 2.) Click on your representative's website
- 3.) Click on your representative's "Contact" heading
- 4.) Locate your members' address, phone number, and contact form

GENERIC CALL SCRIPT

Use this call script template to guide your call with your county representative.

Hello!

May I speak with (title) _____?

My name is _____ and I am a resident and voter from (district/town).

I am calling on behalf of myself and my classmates at _____ University/High School to urge you to _____.

What is your/their current position on this issue?

I hope I can count on you to support _____.

Can we set up an in-person meeting to discuss this further?

If that's not possible, can we set up a Zoom meeting?

I'd like to send a follow-up email. What is your/their email address?

What is the best way to connect with Representative_____?

Thank you for taking the time to listen!

GENERIC EMAIL SCRIPT

Use this email script template to structure your email to your county representative.

Dear (title) _____,

I am a resident and voter from your district, and I am writing on behalf of myself and my classmates at _____ University/High School.

I am writing to urge you to support legislation that would end the sales tax on menstrual tampons and pads, which are medical necessities.

I hope I can count on you to support the _____.

What is your position on this issue and would you be able to meet with us to discuss this further?

For now, please see the attached list of arguments supporting ending this unfair, burdensome tax.

Best,
[Name, District, Contact Info]

ACTIVISM AT THE COUNTY LEVEL: SPOTLIGHTING SAN DIEGO

San Diego County has a board of five supervisors who collectively delegate about \$8.17 billion in budgeting annually to their constituents. Through contacting a local governing body or applying for county funding programs, county residents can play an active role in making menstrual products more accessible to underserved communities. For example, the California State Association of Counties annually hosts the Challenge Awards, a celebration that allocates over \$100,000 in funding for different community-driven proposals. Individuals affiliated with Youth Will and Planned Parenthood received a Challange Award for their "Free4Me Program," an initiative that provides free menstrual products in county bathrooms. Since the program's inception two years prior, over 277, 500 menstrual products have been distributed to county residents.

RESOURCES

<https://www.periodlaw.org/>

<https://period.org/periodpoverty>

<https://allianceforperiodsupplies.org/period-poverty/>

<https://sph.umich.edu/pursuit/2020posts/period-poverty.html>

<https://www.countynewscenter.com/countys-free4me-program-recognized-with-award/#:~:text=The%20pilot%20program%2C%20budgeted%20at,male%20restroom%20in%20each%20facility.>

<https://goauntflow.com/blog/states-access-to-period-products-in-schools/>

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0130777>

https://journals.lww.com/greenjournal/citation/2019/06000/unmet_menstrual_hygiene_needs_among_low_income.34.aspx

<https://repository.law.umich.edu/mjgl/vol26/iss2/4/>

<https://time.com/4183108/obama-tampon-tax-sanitary/>

<https://www.thenation.com/article/politics/abortion-rights-tampon-tax-menstrual-equity-bills/>